



DO WHAT YOU LOVE

OnePlaygroun(

ACADEMY

TRANSFORMING INDUSTRY EDUCATION

With the right education, Personal Trainers have the potential to be recognised as leaders of the preventative healthcare industry.

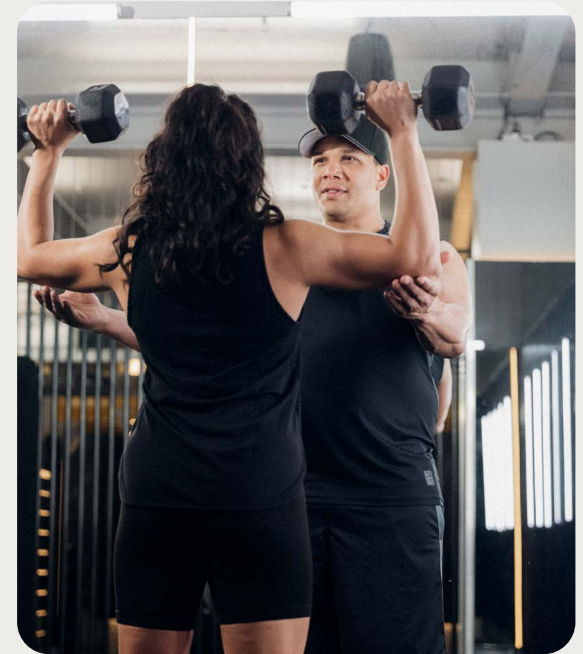
HOW?



PEOPLE FOCUSED,
PRACTICAL EDUCATION



DELIVERED BY
REAL PROFESSIONALS,
IN REAL GYMS



TO CREATE CAREER
COACHES

OnePlaygroun(C
ACADEMY

CERTIFIED COACH PROGRAM

READY TO MAKE A CAREER DOING WHAT YOU LOVE?



01 CERT. III
IN FITNESS



02 CERT. IV
IN FITNESS



03 COMBINED CERT. III/IV
IN FITNESS

MOST
POPULAR



OnePlayground
ACADEMY

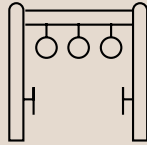
CERTIFIED COACH PROGRAM

BLENDED LEARNING

Get practical face-to-face training as opposed to hours sitting at a screen. This 23-week course provides practical education in real gyms, working with real clients under the guidance of current professionals – before you have to do it solo.



140+ HOURS
of practical education



REAL SESSIONS
real clients, real gyms



MENTORED
by industry experts



JOB
opportunities

YOUR JOURNEY



TOMORROW

Access your online platform
& start your journey.



COACH REAL CLIENTS

Put knowledge into practice with 5 weeks
of coaching real clients, in real gyms.



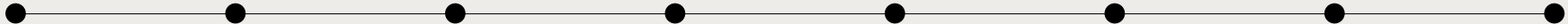
BACK TO THE CLASSROOM

Deepen your practical knowledge with
another 5 weeks of workshops.



FINISH YOUR ONLINE

Finish off the last of your online
content, if you haven't already!



FACE-TO-FACE WORKSHOPS

Kick off your first 5 weeks of
face-to-face practical education.



BREAK

Rest & recharge!



BACK ON THE GYM FLOOR

Further your coaching skills with another
5 weeks of coaching real clients



YOU ARE QUALIFIED

Congratulations! You're now set up for
success. It's time to do what you love

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CERTIFIED COACH PROGRAM

BLENDDED '24/25 INTAKES



17 FEB '24 – 13 JULY '24



20 JULY '24 – 14 DEC '24



15 FEB '25 – 12 JULY '25



19 JULY '25 – 13 DEC '25

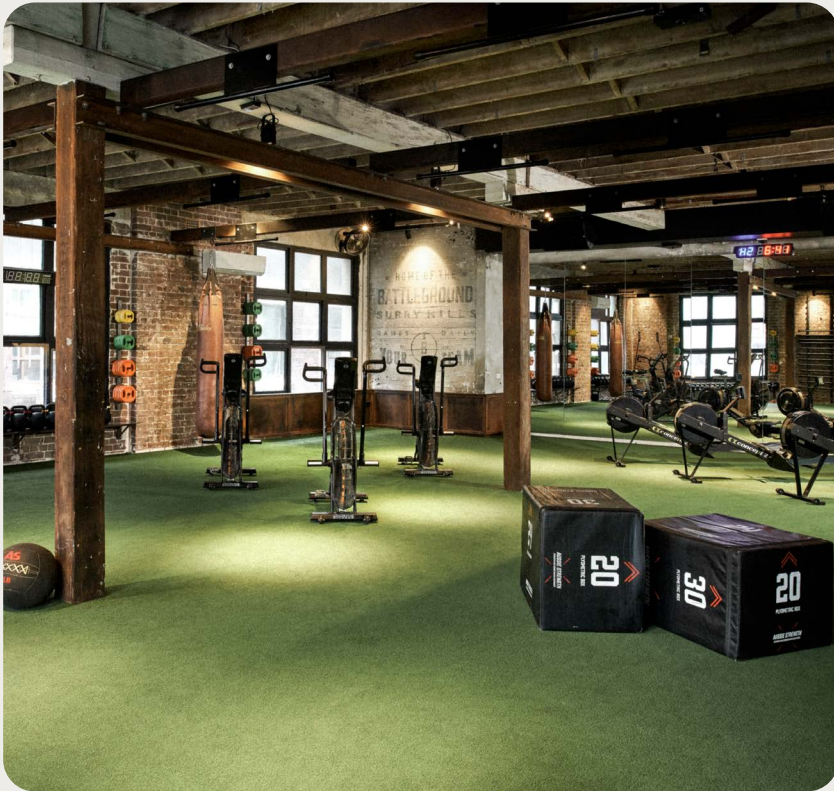
DELIVERED ON SATURDAY'S BETWEEN 9AM & 4PM.

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ACADEMY

YOUR CAMPUS

Learn in state-of-the-art facilities. Some learning will take place in a classroom but most of the time you'll be in the gym!



YOUR CLASSROOM



YOUR ACADEMY

WHAT OUR STUDENTS SAY



ELKE H



"I work in the finance industry and still enjoy it, but I was missing something an office job couldn't provide.

I thought about becoming a PT for several years but always found too many barriers (time, money, effort).

I then started training at One Playground, met the amazing and highly qualified trainers and discovered OP Academy.

I made a call, and remembered being told: 'Don't wait forever to let your dreams come true', so finally, I signed up!"



KAREIM A



"I had been working as a warehouse manager for a food packaging company, there wasn't a lot of opportunity to grow.

I had been training at the gym my whole adult life and I loved being at One Playground so I enrolled in my Cert III & IV with the Academy.

With live clients, I was able to put myself in the shoes of a coach and learn how to do it before I was expected to coach. I now have a job at One Playground and I love it."



JAMES M



"I was an international airline pilot. Covid-19 gave me some time off from flying and showed me how down and fatigued I'd become.

It was time for change. I originally signed up for an online Cert III & IV course but I came across OP Academy.

Their course seemed much more relevant to what I needed to know, so I took a detour.

The practical demonstrations and mentoring has given me solid foundations that I wouldn't have been able to get online."

INTERESTED?
Only 20 spots per intake.

Apply Now

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